



MARIE MARKOFF | CONTRIBUTING PHOTOGRAPHER

Dining Services hosted a farmers market from 10 a.m. to 2 p.m. Friday outside Devlin Fieldhouse at the corner of Freret Street and McAlister Drive. The market is scheduled to return every Friday.

Farmers markets provide local abundance

BY BRYCE BERMAN
CONTRIBUTING REPORTER

Eat your vegetables and enjoy them too, with the Sodexo and Crescent City farmers markets.

Dining Services set up an intimate, personable farmers market outside Devlin Fieldhouse at the corner of Freret Street and McAlister Drive Friday afternoon. Upon approaching the small table, shoppers were greeted by smiles from Dining Services Marketing Specialist Whitney Prussia, Student Health Center Registered Dietitian Sarah Walsh and the friendly faces of other Dining Services employees.

There was an array of about 20 different types of produce including bell peppers, cauliflower, peaches, apples and much more at very reasonable prices.

"We try to get the produce locally and the vegetables are almost always locally grown," Prussia said.

The produce mainly comes from Liuzza Farm and Poche Farm — both approximately an hour away and brought fresh to Tulane every day. Most of the vegetables at Bruff Commons and other on-campus Sodexo locations also come from these farms. Since Louisiana is not a very "fruit-friendly" state, as Prussia calls it, the fruit often comes from Capitol City Produce.

This small, yet plentiful stand will be outside Devlin Fieldhouse almost every Friday for the next few weeks

from 10 a.m. to 2 p.m., so be sure to check it out — you haven't missed your chance.

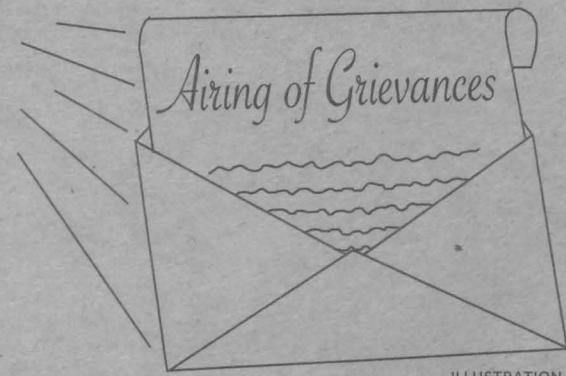
The Crescent City Farmer's Market is perhaps one of the most popular of its kind in New Orleans. It travels around the city throughout the week.

This past Saturday's market on downtown Magazine Street had a fun, lighthearted vibe as jazz music played while shoppers walked around the sunny parking lot browsing the stands, stopping for a few cooking demonstrations and, of course, collecting free samples.

All vendors have been handpicked and come from within 400 miles. From fava beans to hot pepper jelly to alligator, Crescent City has it all. The market comes Uptown on Tuesdays from 9 a.m. to 1 p.m. at 200 Broadway Street, conveniently located in the parking lot of Tulane Square. You can get there by taking the Blue Line shuttle from the Uptown campus.

The Green Wave Community Market outside of Tulane Hillel on Broadway Street will also have music and local vendors selling food and art. The Green Wave Market will be there on Sept. 27, Oct. 11 and 25, Nov. 15 and Dec. 6 from 12 to 3 p.m.

Farmers markets are a great way to support local businesses, take an adventure and buy healthy snacks. When you know your money is going towards the upkeep of local farms and the lives of fellow citizens, it makes grocery shopping that much better.

ILLUSTRATION BY
EMILY MEYER &
JOSH CHRISTIAN

Dear Tulane Plague,

We survived swine flu in 2009. Internet sensations made a mockery of mad cow disease. Even Ebola was more recognizable as a meme on Twitter than as an illness that made people question their own mortality. But now you come along, mercilessly attempting to annihilate the vast majority of Tulane's population.

Sure, if your nefarious plan is successful, the sidewalk traffic problems will be alleviated, and the omlette line at Bruff will be significantly shorter, but at what cost? It started with a cough there, a sneeze here. An, "It's just a stuffy nose, I'm sure it'll pass" might have been thrown around. But things are spiraling out of control.

Classes have quickly transformed from teacher lectures to 50 painful minutes of enduring the cacophony of coughs that ring out during class. The bookstore ran out of tissues. Entirely. Forward-thinking business majors, with their knack for the entrepreneurial, already purchased all the cough drops in the vicinity of campus and have monopolized the market.

These are mad times we're living in. We've entered a state of Emergen-C and it's all because of you.

You started with the freshmen, unsuspecting and innocent, who probably have never had their immune systems tested quite like this before. You then crept your way up to the sophomores, and now you've struck the juniors and seniors, even creeping off campus to expand your vicious reach. I actually had a professor come down with what was once semi-affectionately known as the "Freshman Plague." It's more than that now. It's an epidemic that will not cease until every student, teacher and campus cat has felt the repercussions of what can only be considered the most devastating disease in Tulane's recent history.

Please, on behalf of all of Tulane University, I beg you to cease this madness. What can we do to appease you? I'm at least 86 percent sure that the smoking dirt volcano on the academic quad a couple weeks ago was intended to be some type of sacrificial ritual to you. Is this plague punishment for all the people with those Segway hoverboard things that still seem to go slower than normal walking speed?

This is my final plea. End this madness. Free us from the throes of infection, if not for the students, then at least for the poor souls who work at the Student Health Center who have to deal with them.

Regards,
"Iff,"
and Not in the
Cool Way

Farmer's Markets Schedules

Dining Services Farmer's Market:
Fridays from 10 a.m. to 2 p.m. outside the Devlin Fieldhouse

Crescent City Farmer's Market:
Tuesdays from 9 p.m. to 1 p.m. on Broadway Street

Green Wave Community Market:
10/11, 10/25, 11/16, 12/6, from 12 p.m. to 3 p.m. outside of Hillel on Broadway