Spa Salad

LOWER FAT SELECTION \$5.75

Mixed greens, plum tomatoes, green pepper, cucumber, carrots, mushrooms, avocado, walnut pieces, dried cranberries, alfalfa sprouts, side of balsamic vinaigrette (Add sliced chicken breast for an extra \$1.00)

Greek Salad \$6.2

Mixed Greens, plum tomatoes, crumbled Feta cheese, Kalamata olives, sliced banana peppers, cucumber, green pepper, carrots, onion, side of balsamic vinaigrette

Alpine Chef

LOWER FAT SELECTION \$6.75

Mixed greens, roasted turkey breast, Black Forest ham, reduced fat Swiss & cheddar cheese, plum tomatoes, green pepper, cucumber, carrots, alfalfa sprouts, side of ranch dressing

Brown Derby Cobb \$6

Mixed greens, sliced chicken breast, bacon, crumbled bleu cheese, avocado, plum tomatoes, side of spicy honey mustard dressing

Walnut Spinach Salad \$6.75

Baby spinach, walnut pieces, crumbled bleu cheese, chopped bacon, avocado, mushrooms, sundried tomatoes, side of spicy honey mustard

Chipotle Caesar Salad

\$6.75

Mixed greens, sliced chicken breast, avocado, jalapeno jack cheese, croutons, sundried tomatoes, side of creamy chipotle Caesar dressing

Las Olas Chicken or Tuna Salad

\$6.75

Mixed greens, fresh basil chicken salad or tuna salad with lite dill dressing, plum tomatoes, carrots, cucumber, green pepper, alfalfa sprouts, side of ranch dressing

Roll Your Own Sandwich

Regular Size \$5.95 Small Size \$3.75

Choose Fresh Flour *or* Whole Wheat Tortilla, Classic Roll Up *or* Hot Pressed

Meats:

Roasted Turkey Breast, Smoked Turkey Breast, Black Forest Ham, Smoked Pork Tenderloin, Genoa Salami, Sliced Chicken Breast, Fresh Basil Chicken Salad, Curried Chicken Salad, Tuna Salad, Bacon, Oven Roasted Beef or Sliced Grilled Sirloin Steak (Add \$.30)

Cheeses:

American, Cheddar, Monterey Jack, Jalapeño Jack, Imported Brie, Swiss, Provolone, Cream Cheese, Crumbled Bleu Cheese, Crumbled Feta Cheese, Reduced Fat Cheddar, Reduced Fat Swiss

Vegetables

Avocado, Mushrooms, Artichoke Hearts, Roasted Red Peppers, Sundried Tomatoes, Carrots, Cucumbers, Alfalfa Sprouts, Green Leaf Lettuce, Baby Spinach, Plum Tomatoes, Onion, Dill Pickle Slices, Green Pepper, Scallions, Sliced Jalapeños, Sliced Banana Peppers, Kalamata Olives

Dressings:

Mayo, Fat Free Mayo, Basil Mayo, Spicy Honey Mustard, Yellow Mustard, Dijon Mustard, Caesar, Creamy Italian, Sesame, Ranch, Fat Free Ranch, Chipotle Ranch, Balsamic Vinaigrette, Lite Dill, Fat Free Sundried Tomato Basil, Horseradish Sauce, Barbeque Sauce

Fruits, Nuts & Other:

Pineapple Chunks, Cashews, Mango Chutney, Cornbread Stuffing, Apple Butter, Red Pepper Hummus, Raisins, Sunflower Seeds, Dried Cranberries, Walnut Pieces, Cranberry Sauce, Peanut Butter, Jelly

Original Recipe Soups

8oz. cup \$2.75 12oz. bowl \$3.75 32oz. quart \$10.95

Visit OrderRolyPoly.com for today's choices. Soups are selected daily from the following list:

Harvest Mushroom • Roasted Garlic Tomato • Loaded Baked Potato Garden Vegetable • Broccoli & Cheese • Old Fashioned Chicken Noodle Corn & Green Chili Bisque • Baja Chicken Enchilada • Beef Chili w/Beans

Side Choices

We proudly serve FritoLay Products

Variety of Chips Potato or Pasta Salad Fresh Baked Cookies

Beverages

We proudly serve Coca-Cola Products

Medium Drink Large Drink **Bottled Water**

Children's Menu

A mini Roll Up, choice of side ∂ a small drink Roll Up only

Peanut Butter & Jelly Grilled Cheese Tuna Salad Turkey & Cheese Chicken Melt

Special Services

Phone and Facsimile

We value your time and your business and make every effort to complete your order correctly and in a timely manner. In order to do so we request that you please allow us ample time when placing your order. If you are faxing an order please call to verify our receipt of your fax.

Local Delivery

As an added service we offer local delivery. Please call the store nearest you for specific delivery information. To help guarantee a timely delivery please place your order as early as possible.

Online Ordering - OrderRolyPoly.com
For your convenience many stores are part of our online
ordering program. Please go to OrderRolyPoly.com for
online menus & ordering instructions.

Superior Nutrition

Roly Poly promotes a healthy, vigorous and vital lifestyle by offering sandwiches and salads filled with nutrient rich ingredients. To further enhance your selection, customize your order by substituting reduced fat cheese, a whole wheat tortilla and a light or fat free dressing.

Meetings, Events & Parties

From casual gatherings to a business meeting or working lunch, our promise is delicious food, timely service & attention to detail.

Advance notice is always appreciated.

Sandwich Platters \$34.95

Our platters consist of five sandwiches cut in quarters - accommodating 6 to 10 people.

Hot Stuff

#17 Jalapeño Barbeque

#31 Delhi Chicken

#33 Thai Hot Tuna

The Wild Side

#11 Wild Turkey

#15 Ranch Roast

#21 Italian Classic

#47 Nut & Honey

#3 Monster Veggie

#6 California Hummer

Just Veggies

#33 Thai Hot Tuna

#30 Basil Cashew Chicken

Best Sellers

#3 Monster Veggie #10 California Turkey

#12 Smokehouse Turkey

#12 Smokehouse 1

#30 Basil Cashew Chicken #49 Italian Turkey

Heavy Duty

#10 California Turkey #24 Porky's Nichtmare

#29 Catalina Chicken

#49 Italian Turkey #116 Southside Club

All American

Served with lettuce, tomato, mayo & mustard

Roasted Turkey & Swiss Smoked Turkey & Jack

Ham & American Roasted Beef & Provolone

#8 Italian Veggie #46 Ultimate Veggie #47 Nut & Honey

Chicken Salad & Cheddar (no mustard)

Custom Platter (Starting at \$34.95)

Create your own signature platter from our menu list of Cold Roll Up sandwiches. We are happy to make suggestions to customize your order - just the way you want it.

The Works from \$8.00 per person

(Minimum of 8 people)

You tell us how many people you are feeding and we'll do the rest. Includes sandwich platters, chips or sides, fresh baked cookies & drinks. Your order comes complete with napkins, plates, cups, ice, condiments & utensils. Advance notice is appreciated.

Boxed Lunches

Includes your choice of classic Roll Up sandwich, choice of side & fresh baked cookie.

Regular Sandwich \$8.25 Small Sandwich \$6.25

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Classic Roll Up Sandwiches

Premium sliced meats, quality cheeses, market fresh vegetables & original dressings rolled in giant flour tortillas.

Combinations

Your choice of Lay's chips or side & a medium drink Add \$2.00 An 8oz. cup of an Original Recipe Soup & a medium drink Add \$3.95

Hot Pressed Sandwiches

Grilled Golden Brown to toast the tortilla, melt the cheese & heat the ingredients inside.

Sliced Chicken

Regular \$5.95 Small \$3.75

#28 Santa Fe Chicken

People's Choice

Sliced chicken breast, melted jalapeño jack cheese, plum tomatoes, onion, ranch dressing, grilled golden brown, with a side of salsa

#36 Chicken Fajita

Sliced chicken breast, melted cheddar cheese, plum tomatoes, onion, green pepper, fajita sauce, grilled golden brown, with a side of salsa

#37 Chicken Cordon Bleu

Sliced chicken breast, Black Forest ham, melted Swiss cheese, plum tomatoes, mushrooms, fresh basil mayo, grilled golden brown, with a side of spicy honey mustard

#52 Hickory Chicken

Sliced chicken breast, melted cheddar cheese, onion, mushrooms, bacon, barbeque sauce, grilled golden brown, with a side of ranch dressing

#53 Chicken Popper

LOWER FAT SELECTION

Sliced chicken breast, light cream cheese, plum tomatoes, onion, sliced jalapeños, fat free ranch dressing, grilled golden brown, with a side of salsa

#55 Pesto Chicken

Sliced chicken breast, melted provolone cheese, onion, mushrooms, sundried tomatoes, pesto sauce, grilled golden brown, with a side of ranch dressins

#65 Buffalo Slim

LOWER FAT SELECTION

Sliced chicken breast, melted reduced fat cheddar cheese, plum tomatoes, mushrooms, onion, spicy wing sauce on a whole wheat tortilla, grilled golden brown, with a side of fat free ranch dressing

#72 Buffalo Chicken Melt

Sliced chicken breast, melted cheddar cheese, plum tomatoes, onion, mushrooms, spicy wing sauce, grilled golden brown, with a side of ranch dressing

#26 Chicken Cobb Roll

Sliced chicken breast, crumbled bleu cheese, bacon, avocado, green leaf lettuce, plum tomatoes, spicy honey mustard

#27 Chicken Caesar

Sliced chicken breast, Swiss cheese, sundried tomatoes, avocado, green leaf lettuce, creamy Caesar dressing

#29 Catalina Chicken

Fresh basil chicken salad, cheddar cheese, bacon, green leaf lettuce, plum tomatoes, avocado, alfalfa sprouts

#30 Basil Cashew Chicken

People's Choice

Fresh basil chicken salad, cashews, spicy Thai sauce, green leaf lettuce, plum tomatoes, avocado, alfalfa sprouts

#31 Delhi Chicken

Curried chicken salad, Swiss cheese, bacon, green leaf lettuce, avocado, pineapple, alfalfa sprouts, mango chutney

#48 Oriental Chicken

LOWER FAT SELECTION

Sliced chicken breast, green leaf lettuce, plum tomatoes, alfalfa sprouts, cucumber, carrots, green pepper, mango chutney, sesame dressing

Turkey Breast

Regular \$5.95 Small \$3.75

#13 Hot Honey

People's Choice

Smoked turkey breast, melted jalapeño jack cheese, bacon, sundried tomatoes, baby spinach, grilled golden brown, with a side of spicy honey mustard

#38 Hickory Cristo

Smoked turkey breast, melted Swiss & imported brie cheese, baby spinach, plum tomatoes, mushrooms, grilled golden brown, with a side of fresh dill horseradish sauce

#39 Turkey Applejack

Roasted turkey breast, melted jack cheese, apple butter, bacon, onion, mushrooms, fresh basil mayo, grilled golden brown, with a side of spicy honey mustard

#61 Cider House Melt

LOWER FAT SELECTION

Smoked turkey breast, Black Forest ham, melted reduced fat Swiss cheese, baby spinach, mushrooms, onion, on a whole wheat tortilla, grilled golden brown, with a side of fat free apple ranch dressing

#9 Thanksgiving

Roasted turkey breast, cranberry sauce, cornbread stuffing, onion, green leaf lettuce, fresh basil mayo

#10 California Turkey

Roasted turkey breast, cheddar cheese, bacon, scallions, green leaf lettuce, plum tomatoes, avocado, alfalfa sprouts, mango chutney, ranch dressing

#11 Wild Turkey

Roasted turkey breast, cream cheese, cucumber, green pepper, baby spinach, green leaf lettuce, plum tomatoes, creamy Italian dressing

#12 Smokehouse Turkey

People's Choice

Smoked turkey breast, jack cheese, bacon, green leaf lettuce, plum tomatoes, avocado, scallions, spicy honey mustard

#49 Italian Turkey

Roasted turkey breast, cream cheese, baby spinach, plum tomatoes, sundried tomatoes, onion, artichoke hearts, roasted red peppers, fresh basil Italian dressing

#51 Tuscan Turkey

LOWER FAT SELECTION

Smoked turkey breast, baby spinach, plum tomatoes, roasted red peppers, onion, artichoke hearts, fat free sundried tomato basil dressing

#77 Greek Turkey

LOWER FAT SELECTION

Roasted turkey breast, baby spinach, plum tomatoes, onion, sliced banana peppers, roasted red peppers, Kalamata olives, lite feta sundried tomato basil dressing, on a whole wheat tortilla

#140 Pesto Turkey Club

Roasted turkey breast, provolone cheese, bacon, avocado, green leaf lettuce, plum tomatoes, pesto mayo

Roast Beef & Steak Regular \$6.25 Small \$4.00

#18 Philly Melt

People's Choice

Oven roasted beef, melted jack & cheddar cheese, onion, mushrooms, green pepper, grilled golden brown, with a side of barbeque ranch dressing

#19 Steak Fajita

Sliced grilled sirloin steak, melted cheddar cheese, plum tomatoes, onion, green pepper, fajita sauce, grilled golden brown, with a side of salsa

#20 Santa Fe Steak

Sliced grilled sirloin steak, melted jalapeño jack cheese, plum tomatoes, onion, ranch dressing, grilled golden brown, with a side of salsa

#96 Chipotle Cheesesteak

Sliced grilled sirloin steak, melted cheddar & jalapeño jack cheese, onion, mushrooms, green pepper, mild chipotle ranch dressing, grilled golden brown, with a side of salsa

#14 Pepper Steak

Oven roasted beef, cheddar cheese, green leaf lettuce, plum tomatoes, onion, green peppers, horseradish sauce

#15 Ranch Roast

Oven roasted beef, mild garlic cheese spread, bacon, green leaf lettuce, plum tomatoes, sundried tomatoes, ranch dressing

#17 Jalapeño Barbeque

Oven roasted beef, jalapeño jack cheese, sliced jalapeños, green leaf lettuce, plum tomatoes, onion, roasted red peppers, barbeque basil mayo

Ham & Smoked Pork Regular \$5.95 Small \$3.75

#23 Key West Cuban

People's Choic

Smoked pork tenderloin, Black Forest ham, roasted turkey breast, melted Swiss & American cheese, green leaf lettuce, plum tomatoes, dill pickle slices, onion, grilled golden brown, with a side of spicy honey mustard

#25 Peachtree Melt

Black Forest ham, melted Swiss & imported brie cheese, peaches & pepper relish, grilled golden brown, with a side of fresh dill horseradish sauce

#41 Barbeque Pork Melt

Smoked pork tenderloin, melted cheddar & jalapeño jack cheese, bacon, barbeque sauce, onion, grilled golden brown, with a side of ranch dressing

#21 Italian Classic

Black Forest ham, Genoa salami, provolone cheese, green leaf lettuce, plum tomatoes, artichoke hearts, roasted red peppers, onion, creamy Italian dressing

#24 Porky's Nightmare

Smoked pork tenderloin, Black Forest ham, bacon, cheddar & Swiss cheese, green leaf lettuce, plum tomatoes, onion, spicy honey mustard

#116 Southside Club

Black Forest ham, roasted turkey breast, cheddar cheese, bacon, green leaf lettuce, plum tomatoes, mayo, mustard

Tuna Salad

Regular \$5.95 Small \$3.75

Resular \$5.50 Small \$3.50

#40 Texas Tuna Melt

Tuna salad, melted jalapenō jack cheese, barbeque sauce, onion, bacon, avocado, grilled golden brown, with a side of ranch dressing

#117 Classic Tuna Melt

Tuna salad, melted cheddar cheese, bacon, plum tomatoes, grilled golden brown, with a side of spicy honey mustard

#32 Tuna Luau

Tuna salad, Swiss cheese, bacon, green leaf lettuce, avocado, pineapple, spicy honey mustard

#33 Thai Hot Tuna

Tuna salad, cheddar cheese, spicy Thai sauce, green leaf lettuce, plum tomatoes, avocado, alfalfa sprouts, mango chutney

#60 Popeye's Tuna

Tuna salad with lite dill dressing, reduced fat Swiss cheese, baby spinach, plum tomatoes, onion, dill pickle slices, on a

whole wheat tortilla

Vegetable

#7 French Twist

Melted Swiss & imported brie cheese, baby spinach, plum tomatoes, mushrooms, scallions, grilled golden brown, with a side of spicy honey mustard

#42 Veggie Faiita

Melted cheddar & jalapeño jack cheese, baby spinach, plum tomatoes, mushrooms, onion, green pepper, fajita sauce, grilled golden brown, with a side of salsa

#43 Spinach Stuffer

Melted Swiss & cheddar cheese, baby spinach, plum tomatoes, cornbread stuffing, mushrooms, onion, grilled golden brown, with a side of spicy honey mustard

#3 Monster Veggie

Jack & Swiss cheese, green leaf lettuce, plum tomatoes, avocado, carrots, cucumber, green pepper, mushrooms, baby spinach, alfalfa sprouts, lite dill dressing

#6 California Hummer

Roasted red pepper hummus, provolone cheese, green leaf lettuce, plum tomatoes, avocado, carrots, cucumber, green pepper, alfalfa sprouts, creamy Caesar dressing

#8 Italian Veggie

Provolone cheese, sundried tomatoes, artichoke hearts, green leaf lettuce, plum tomatoes, roasted red peppers, onion, creamy Italian dressing

#46 Ultimate Veggie

Green leaf lettuce, plum tomatoes, baby spinach, alfalfa sprouts,

carrots, cucumber, mushrooms, green pepper, artichoke hearts, roasted red peppers, onion, fat free ranch dressing

#47 Nut & Honey

Cream cheese, raisins, sunflower seeds, cashews, green leaf lettuce, baby spinach, plum tomatoes, carrots, avocado, alfalfa sprouts, spicy honey mustard