

SOUP

- Miso Soup 1.95
soy bean soup w. seaweed, tofu & scallion
- Gyoza Soup 3.25
miso soup w. dumplings
- House Salad 3.25
garden green w. ginger dressing
- Seaweed Slad 5.25
pickled fresh seaweed w. sesame
- Salmon Skin Salad 5.50
crispy salmon skin, asparagus, cucumber & lettuce w. special sauce

SALAD

- Baby Octopus Salad 5.75
marinated octopus w. special sauce
- Squid Salad 5.75
marinated squid w. vegetable
- Eel Salad 6.25
B.B.Q. eel w. avocado, cucumber & tobiko w. special sauce
- Snow Crab Salad 6.75
minced crabmeat & mayonnaise sauce decorated massage on the top
- Sashimi Salad 7.95
mixed sashimi. Green mixed, tobiko & scallion w. ponzu sauce

APPETIZER FROM SUSHI BAR

- Kani Su 3.95
crabmeat, avocado, massage, cucumber w. ponzu sauce
- Toko Su 4.95
octopus in vinger sauce served w. seaweed & cucumber
- Sunomono 6.25
assorted fresh raw fish & special sauce
- Sushi 5 pcs 6.75
an assortment of fresh tuna, salmon, shrimp, white tuna & stripe bass
- Black Pepper Tuna 6.95
seared tuna w. ponzu sauce
- Tuna Tataki 6.95
seared thin sliced tuna, served w. ponzu sauce
- Tuna Tartar 6.95
chopped spicy tuna, oshinko(pickled turnip), cilantro, tempura flakes w. wasabi sauce
- Sashimi 7 pcs 8.95
an assortment of fresh salmon, tuna & white fish
- Fresh Salmon Sashimi 9.25
6 pcs of salmon
- Tuna Sashimi 9.25
6 pcs of tuna
- Tuna & Salmon Sashimi 9.25
3 pcs of salmon & 3 pcs of tuna
- Triple Sashimi 9.25
2 pcs of tuna, 2 pcs of salmon & 2 pcs of yellowtail
- Alaska King Crab Legs(4) 13.95

APPETIZER FROM KITCHEN

- Edamame 3.95
boiled fresh soy bean
- Cold Tofu 3.25
cold tofu served w. bonito flakes, scallion & soy sauce
- Age Tofu 3.95
crispy tofu w. special sauce
- Nasu Yaki 4.25
bake eggplant w. miso sauce
- Shrimp Shumai 4.95
steam shrimp flavored dumplings
- Gyoza 4.95
pan fried Japanese dumplings w. special sauce
- Vegetable Tempura 4.25
seasonal vegetables lightly fried w. dipping sauce on the side
- Chicken Tempura 5.75
lightly fried chicken breast & vegetable w. dipping sauce on the side
- Shrimp Tempura 5.95
lightly fried battered shrimp & vegetable in a soy dipping sauce
- Soft Shell Crab Tempura 6.25
fried soft shell crab w. dipping sauce on the side
- Beef Negimaki 6.25
thinly sliced beef rolled w. scallion & creamcheese in teriyaki sauce
- Baked Salmon 7.95
baked fresh salmon w. snow crab
- Hamachi Kama 8.95
broiled fresh yellowtail cheek
- Sanma Mackerel 6.25
grilled mackerel w. special sauce
- Grilled Chicken on Stick(3) 5.95
- Grilled Salmon on Stick (3) 6.95
- Grilled Shrimp on Stick (3) 8.95

ROLL AND HAND ROLL 6pcs. Per Roll

- Avocado Roll 3.00
- Cucumber Roll 3.00
- Vegetable Roll 3.50
(avocado, cucumber & asparagus)
- California Roll 4.25
(crab stick & avocado)
- Salmon Roll 4.25
- Salmon & Cilantro Roll 4.25
- Salmon & Avocado Roll 4.25
- Salmon Skin Roll 4.25
(crispy salmon skin & cucumber)
- Squid Roll 4.25
- White Fish Roll 4.25
- Eel & Avocado Roll 4.50
(BBQ eel & avocado)
- Eel & Cucumber Roll 4.50
(BBQ eel & cucumber)
- Tuna Roll 4.50
- Philadelphia Roll 4.50
(smoked salmon, cream cheese & avocado)
- Boston Roll 4.50
(cooked shrimp & cucumber)
- Spicy Tuna Roll 4.50
- Spicy Hamachi Roll 4.50
- Spicy Salmon Roll 4.50
- Spicy Squid Roll 4.50
- Spicy Scallop Roll 4.50
- Crunchy Roll 4.50
(snow crab, asparagus & tempura flakes)
- Snow Crab Roll 4.50
(snow crab & avocado)
- Crawfish Roll 4.75
(crawfish & avocado)
- Smoked Salmon & Avocado Roll 4.75
- Yellowtail & Scallion Roll 4.75
- Tuna & Cream Cheese Roll 4.75

SUSHI BOX

- Eel Box 8.75
- Fresh Salmon Box 8.95
- Smoked Salmon Box 8.95
- Shrimp Box 8.95
- Tuna Box 9.95
- Yellowtail Box 9.95
- Special Box(salmon, tuna, yellowtail) 10.95

SPECIAL ROLL

- Green Dragon 6.75
B.B.Q. eel & cucumber topped w. sliced avocado
- Tornado Roll 7.95
quick fried white fish roll topped w. tempura flakes & smelt roe w. special sauce
- Raymond Roll 7.95
B.B.Q. eel, cucumber topped w. fresh salmon
- Super Salmon Roll 8.25
salmon & cilantro topped w. fresh salmon, snow crab & masago
- Futomaki Roll 8.50
crabmeat, avocado, cucumber, masago oshinko, asparagus & egg omelette
- New Orleans Roll 8.75
spicy tuna, cream cheese, tempura flakes topped w. fresh tuna
- Golden Roll 8.75
spicy salmon & tempura flake topped w. fresh salmon
- Sunset Roll 8.75
cooked shrimp, tuna, avocado, cucumber topped w. smelt roe, tempura flakes smelt eggs & special sauce
- Sunny Roll 8.95
crab stick white fish, avocado topped w. smoke salmon
- Mini Roll 8.95
chopped spicy tuna, cucumber topped w. fresh salmon, smelt eggs & special sauce
- Harvey Roll 8.95
crab stick, avocado & cooked shrimp topped w. salmon & smelt roe
- Fuji Roll 8.95
crab stick, cucumber & cream cheese topped w. white tuna
- Cucumber Special Roll 9.95
tuna, snow crab, avocado wrapped in a thinly sliced cucumber
- L & Q Roll 9.95
B.B.Q. eel, cucumber topped w. spicy tuna
- Dragon Roll 10.95
crabmeat, avocado topped with B.B.Q. eel & avocado
- Rainbow Roll 10.95
crabmeat, avocado topped w. white fish, tuna & salmon
- Star Roll 10.95
spicy chopped yellowtail, scallion & cucumber topped w. tuna
- Sky Roll 10.95
spicy crawfish, asparagus, snow crab topped w. salmon, avocado & chef's special sauce
- Wasabi Roll 10.95
salmon, tuna, yellowtail & scallion topped w. snowcrab & special wasabi sauce
- Spider Roll 10.95
fried soft shell crab, crabmeat, avocado & masago
- Shrimp Tempura Roll 10.95
shrimp tempura, lettuce, cucumber, masago & spicy mayonnaise
- Tiger Roll 12.95
spicy tuna & salmon topped w. tuna, eel, salmon & avocado
- King Roll 12.95
king crableg meat, snow crab & asparagus topped w. B.B.Q. eel & tobiko
- Sunrise Roll 12.95
chopped spicy crawfish, asparagus & tempura flakes topped w. tuna, yellowtail, whitefish & special sauce
- Rock & Roll 12.95
shrimp tempura, snow crab asparagus wrapped w. soy bean pepper & eel sauce on the top.
- Manhattan Roll 12.95
Salmon, asparagus, cream cheese wrapped w. seaweed, quick fried spicy tuna on top w. chef special sauce
- Eastern Roll 12.95
snowcrab & seaweed salad, avocado topped w. bake salmon, tempura flake w. special sauce
- Donna's Roll 13.95
shrimp tempura, cream cheese topped w. snowcrab, tuna, white fish, salmon & spicy mainyese sauce & eel sauce
- Lobster Roll 14.95
whole lobster tail, avocado, masago topped w. salmon, tuna, snow crab. Avocado & special sauce
- Ricky Roll 14.95
smoked salmon, avocado & snow crab topped w. baked salmon, tempura flakes & chef's special sauce.

SUSHI OR SASHIMI A LA CARTE

2 Pieces Per Order (w. Quail Egg 50¢ Extra)

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|------------------------|------|----------------------------|------|
| Bean Curd (inari) | 3.25 | White Tuna | 4.25 |
| Egg Omelette (tamago) | 3.25 | Eel(unagi) | 4.25 |
| Crab Stick (kani kama) | 3.25 | Smelt Roe(masago) | 4.25 |
| Mackerel (saba) | 3.50 | Flying Fish Roe (tobiko) | 4.75 |
| Octopus (tako) | 3.95 | Salmon Roe (ikura) | 4.75 |
| Squid (ika) | 3.95 | Smoke Salmon | 4.75 |
| White Fish (shiromi) | 3.95 | Fresh Yellowtail (hamachi) | 4.95 |
| Surf Clam (hokkigai) | 3.95 | Scallop (hotate) | 4.95 |
| Shrimp(ebi) | 3.95 | Sweet Shrimp (amaebi) | 5.25 |
| Fresh Salmon (sake) | 4.25 | Sea Urchin (uni) | 6.25 |
| Tuna(maguro) | 4.25 | Fatty Tuna (toro) | 7.95 |

DINNER FROM KITCHEN

Served w. House Salad & Miso Soup

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|----------------------|-------|--|-------|
| 1. Vegetable Tempura | 9.95 | 9. Seafood Teriyaki | 14.95 |
| 2. Chicken Tempura | 11.25 | 10. Beef Negimaki | 13.95 |
| 3. Assorted Tempura | 13.75 | broiled sliced shell steak roll w. scallion & cheese in teriyaki sauce | |
| 4. Shrimp Tempura | 14.25 | 11. Yaki Udon | 8.95 |
| 5. Chicken Teriyaki | 11.95 | sautéed Japanese noodle w. seafood & vegetables | |
| 6. Salmon Teriyaki | 12.95 | 12. Tempura Udon | 9.95 |
| 7. Beef Teriyaki | 13.95 | Japanese noodle soup w. shrimp tempura & vegetables | |
| 8. Shrimp Teriyaki | 14.95 | 13. Unagi Don | 12.50 |
| | | broiled eel cover rice served w. oshinko (pickled turnip) & eel sauce | |

DINNER FROM SUSHI BAR

Served w. House Salad & Miso Soup

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|--------------------------|---|-------|
| 1. Maki Combo-A | crunchy roll, snow crab roll & California roll | 12.95 |
| 2. Maki Combo-B | snow crab roll, salmon avocado roll & spicy tuna roll | 12.95 |
| 3. Maki Combo-C | California roll, spicy tuna roll & crawfish roll | 12.95 |
| 4. Sushi Regular | 8 pcs of sushi & California roll | 14.95 |
| 5. Sushi Deluxe | 10 pcs sushi, & crunchy roll | 16.95 |
| 6. Chirashi | a variety of raw fish w. seasoned rice | 17.50 |
| 7. Sushi & Sashimi Combo | 6 pcs sushi, 9 pcs of sashimi & snow crab roll | 24.95 |
| 8. Sushi Special | 18 pcs of sushi, tuna roll & salmon roll | 32.95 |
| 9. Sushi & Sashimi (A) | 10 pcs of sushi, 15 pcs of sashimi & rainbow roll | 42.95 |
| 10. Sushi & Sashimi (B) | 15 pcs of sushi, 20 pcs of sashimi & Donna roll | 65.95 |
| 11. Sushi & Sashimi (C) | 20 pcs of sushi, 25 pcs of sashimi, rainbow roll & Donna Roll | 85.95 |

BENTO BOX DINNER

Served w. House Salad, Miso Soup & Gyoza

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|--|-------|
| 1. Tempura, Chicken Teriyaki & California Roll | 16.25 |
| 2. Sushi, Chicken Teriyaki & California Roll | 16.25 |
| 3. Tempura, Beef Teriyaki & California Roll | 17.50 |
| 4. Sushi, Beef Teriyaki & California Roll | 17.50 |
| 5. Sushi, Shrimp Teriyaki & California Roll | 17.50 |
| 6. Sushi, Tempura & California Roll | 17.50 |
| 7. Sushi, Salmon Teriyaki & California Roll | 17.50 |
| 8. Sashimi, Chicken Teriyaki & California Roll | 17.50 |
| 9. Sashimi, Beef Teriyaki & California Roll | 17.50 |

EASTERN 東方

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Harvey, LA 70058

We serve Lunch



Shopping Center
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EASTERN
Manhattan Blvd.

EASTERN
CHINESE & JAPANESE CUISINE

Take Out Menu

OPEN DAILY

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Friday & Saturday: 11:00 am-11:00pm
Sunday: 12:00noon-10:00pm

Tel: (504) 368-0788
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EASTERN
CHINESE & JAPANESE CUISINE

SOUP

1. Egg Drop Soup(S) 1.75(L) 3.25
2. Wonton Soup(S) 1.95(L) 3.50
3. Hot & Sour Soup(S) 1.95(L) 3.50
4. Wonton & Egg Drop Soup(S) 1.95(L) 3.75
5. Vegetable Bean Curd Soup (For 2)4.75
6. Velvet Chicken Corn Soup (For 2)4.95
7. House Special Seafood Soup (For 2)6.95
8. Eastern Soup (Seafood, roast pork & vegetable w. 4 pcs wonton)7.25

APPETIZERS

1. Egg Roll (1)1.75
2. Vegetable Spring Roll (3)2.95
3. Teriyaki Chicken Sticks (4)4.50
4. Eastern Chicken Wings (8)4.50
5. Cold Noodles4.50
6. Cho-Cho (4)4.25
7. Crab Rangoon (5)4.95
8. Golden Chicken Fingers (6)4.75
9. Fried Jumbo Shrimp (4)4.95
10. Teriyaki Beef Sticks (4)4.95
11. Fried or Steamed Dumplings (6)4.95
12. Crispy Fillet Fish (4)5.95
13. B-B-Q Spare Ribs (4)5.95
14. Chicken in Lettuce Wraps7.95
Quickly cooked spiced chicken & vegetables served with cool lettuce cups & special sauce on the side.
15. Combo Tray (A) Cho-cho (2), chicken teriyaki (2), fried shrimp (2), spring roll (2)8.95
16. Combo Tray (B) Spring roll(2), B-B-Q ribs(2), crab rangoon(2), golden chicken fingers(4), fried jumbo shrimp(2), teriyaki beef sticks(2)13.95

POULTRY (with White Rice)

1. Sweet & Sour Chicken (sweet & sour sauce on the side)8.25
2. Honey Chicken8.75
3. Chicken w. Cashew Nuts8.95
4. Kung Pao Chicken8.95
5. Chicken w. Broccoli8.95
6. Chicken w. Mixed Vegetables8.95
7. Chicken w. String Beans8.95
8. Moo Goo Gai Pan8.95
9. Chicken w. Eggplant8.95
10. Curry Chicken8.95
11. Hunan Chicken8.95
12. Hot Pepper Chicken8.95
13. Chicken w. Garlic Sauce8.95
14. Chicken w. Black Bean Sauce8.95
15. Chicken w. Snow Peas8.95
16. Lemon Chicken (lemon sauce on the side)9.95
17. Moo Shu Chicken w. 4 pancakes & hoisin sauce on the side9.95
18. Chicken & Eggplant w. Garlic Sauce9.95
19. Peanut Chicken (peanut sauce on the side)9.95

BEEF (with White Rice)

1. Beef w. Broccoli9.95
2. Pepper Steak9.95
3. Beef w. Snow Peas9.95
4. Beef w. String Beans9.95
5. Beef w. Mixed Vegetables9.95
6. Beef w. Asparagus9.95
7. Beef w. Eggplant9.95
8. Mongolian Beef9.95
9. Beef w. Garlic Sauce9.95
10. Curry Beef9.95
11. Hunan Beef9.95
12. Beef & Chicken w. Hunan Sauce9.95

SEAFOOD (with White Rice)

1. Baby Shrimp w. Cashew Nuts10.95
2. Baby Shrimp w. Hot Chili Sauce10.95
3. Kung Pao Shrimp (baby shrimp)10.95
4. Shrimp w. String Beans10.95
5. Shrimp w. Eggplant10.95
6. Sweet & Sour Shrimp (sweet & sour sauce on the side)10.95
7. Triple Sweet & Sour (shrimp, chicken & pork)10.95
8. Honey Shrimp10.95
9. Shrimp w. Broccoli10.95
10. Shrimp w. Mixed Vegetables10.95
11. Shrimp w. Snow Peas10.95
12. Shrimp w. Asparagus10.95
13. Shrimp w. Garlic Sauce10.95
14. Hot Pepper Shrimp10.95
15. Baby Shrimp & Chicken w. Garlic Sauce10.95
16. Hunan Shrimp10.95
17. Shrimp w. Lobster Sauce10.95
18. Scallop w. Garlic Sauce11.95
19. Scallop w. Mixed Vegetables11.95
20. Hunan Crawfish Tail11.95

PORK (with White Rice)

1. Sweet & Sour Pork (sweet & sour sauce on the side)9.25
2. Honey Pork9.25
3. Roast Pork w. Mixed Vegetables9.25
4. Shredded Pork w. Peking Sauce9.25
5. Pork w. Garlic Sauce9.25
6. Twice Cooked Pork9.25
7. Moo Shu Pork (w. 4 pancake)9.95
8. Jin Dou Pork Chop (boneless deep fried pork chop w. special spicy, sweet & sour sauce)9.95

VEGETABLE (with White Rice)

1. Vegetable Delight7.95
2. Dry Satueed String Beans7.95
3. Broccoli w. Garlic Sauce7.95
4. Eggplant w. Garlic Sauce7.95
5. Bean Curd Szechuan Style7.95
6. Bean Curd Home Style8.25
7. Asparagus w. Garlic Sauce8.25
8. Sauteed Bean Sprout6.95

EGG FOO YOUNG

(Served w. White Rice & Gravy Sauce on the side)

1. Vegetable Egg Foo Young8.95
2. Chicken Egg Foo Young8.95
3. Roast Pork Egg Foo Young8.95
4. Shrimp Egg Foo Young9.50
5. House Special Egg Foo Young9.95

EASTERN 東方

CHEF'S SPECIAL (with White Rice)

- C01. Walnut Chicken11.95
White meat chicken sautéed in a delicate brown sauce w. honey glazed walnut on top & surrounded by steamed broccoli.
- C02. Eastern Chicken Asparagus11.95
8 spears of asparagus wrapped by white meat chicken sautéed in Eastern's special sauce w. sesame seeds.
- C03. General Tso's Chicken11.95
Lightly breaded dark meat chicken, quick fried, then sautéed w. carrots, onion, red & green pepper in a slightly sweet, tangy & spicy sauce.
- C04. Mandarin Chicken11.95
Breaded chicken breast fried till crispy served w. assorted vegs, in brown sauce on the side.
- C05. Sesame Chicken or Beef11.95/12.95
Dark meat chicken, lightly breaded & fried, then sautéed in a delectable sauce, served w. steamed broccoli.
- C06. Orange Chicken or Beef11.95/12.95
Dark meat chicken, lightly breaded & fried, then sautéed w. pungent orange peels in a sweet & sour but spicy sauce.
- C07. Eastern Crispy Chicken or Beef11.95/12.95
Lightly breaded shredded white chicken or beef sautéed in chef's special sweet brown sauce.
- C08. Black Bean Twin Delight12.95
White meat chicken & tender beef sautéed w. onion, red & green pepper, fresh mushroom & baby corn in black bean sauce.
- C09. Sizzling Wor Ba13.95
Chicken, beef & jumbo shrimp sautéed w. onion, fresh & straw mushroom, broccoli & baby corn in brown sauce over wor ba (crispy rice cake), served in sizzling plate.
- C10. Dragon & Phoenix13.95
Two dishes on one plate w. sesame chicken on one side & jumbo shrimp w. mildly hot chili sauce on the other.
- C11. Two Flavor Shrimp13.95
Jumbo shrimp sautéed w. peas & carrots in white sauce on one side & jumbo shrimp w. salt & pepper corn on the other.
- C12. Scallop & Shrimp w. Garlic Sauce13.95
Jumbo shrimp & scallops, red & green pepper, celery, waterchestnuts & onion sautéed in spicy sauce.
- C13. Walnut Shrimp13.95
Lightly breaded jumbo shrimp, fresh melons & honey glazed walnut in a sweet creamy sauce.

FRIED RICE

Sm. Lg.

1. Vegetable Fried Rice4.256.25
2. Chicken Fried Rice4.256.25
3. Roast Pork Fried Rice4.256.25
4. Beef Fried Rice4.506.50
5. Shrimp Fried Rice4.756.75
6. House Special Fried Rice6.95

LO MEIN (Soft Noodle)

Sm. Lg.

1. Vegetable Lo Mein4.956.95
2. Chicken Lo Mein4.956.95
3. Roast Pork Lo Mein4.956.95
4. Beef Lo Mein5.257.50
5. Shrimp Lo Mein5.507.95
6. House Special Lo Mein7.95
7. Eastern Noodle Soup (shrimp, chicken, roast pork & vegetable)7.25

Hot & Spicy

(We can alter the spicy according to your taste)

- C14. Hot Pepper Triple Delight13.95
Chicken, beef & jumbo shrimp w. onion, red & green pepper, fresh mushrooms sautéed in a spicy brown sauce.
- C15. Happy Family13.95
Jumbo shrimp, chicken, beef, roast pork & scallops w. mixed vegs, in brown sauce.
- C16. Crown's Delight13.95
Jumbo shrimp, scallops, sliced chicken & beef sautéed w. tasty chef's special garlic sauce.
- C17. Mongolian Triple13.95
Jumbo shrimp, beef & chicken sautéed w. our special Mongolian flavor.
- C18. Hot Fish13.95
Crispy catfish sliced in a Sichuan sauce with stir-fried vegetables.
- C19. Eastern Steak Que14.95
Tender chunks of steak sautéed w. snow peas, straw & fresh mushrooms, baby corn & red pepper in black pepper sauce.
- C20. Seafood Delight14.95
Jumbo shrimp, scallop & king crabmeat sautéed w. asparagus, straw mushroom, baby corn, snow peas, red pepper & napa cabbage in white sauce.
- C21. Soft Shell Crab in Garlic Sauce15.95
Fried jumbo soft shell crab, on a bed of lettuce w. spicy garlic sauce.
- C22. House Special Pan-Fried Noodle15.95
Jumbo shrimp, scallop & king crabmeat sautéed w. asparagus, broccoli, napa cabbage, straw & fresh mushrooms in brown sauce over pan fried noodles.
- C23. Sizzling Scallop & Steak Que16.95
Tender chunks of steak & scallops sautéed w. onion, fresh & straw mushrooms, broccoli & baby corn in brown sauce, served in sizzling plate.
- C24. Beijing Ducks26.95
This world renowned dishes perfected here. Served w. hoisin sauce, scallion & cucumber & wrapped into 8 pancakes.
- C25. Crispy Whole Fish29.95
Farm raised stripe bass when available.
- C26. Steamed Whole Fish29.95
Farm raised stripe bass when available.

MEI FUN (Rice Noodle)

1. Vegetable Mei Fun7.25
2. Chicken Mei Fun7.25
3. Roast Pork Mei Fun7.25
4. Beef Mei Fun7.75
5. Shrimp Mei Fun8.25
6. House Special Mei Fun8.50
7. Singapore Style Mei Fun (curry flavor)8.75

CHOW MEIN

(w. crispy noodle & white rice)

1. Chicken Chow Mein7.95
2. Roast Pork Chow Mein7.95
3. Beef Chow Mein8.75
4. Shrimp Chow Mein8.75

DIET SPECIALTIES

(steamed w. choice of brown, garlic or white sauce on the side.)
(Served w. brown or white rice)

1. Steamed Mixed Vegetables8.95
2. Steamed Chicken w. Mixed Vegetables9.95
3. Steamed Jumbo Shrimp w. Mixed Veg.11.95